FROM THE FOUNDATION



Cairn Terrier Participation in the OFA-CHIC Program by Pat Joyce, Trustee, Foundation of the CTCA

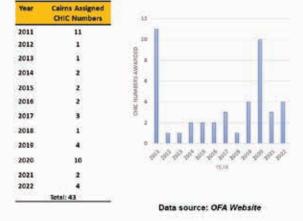
The Orthopedic Foundation for Animals (OFA) was founded in 1966 to promote testing of breeds with orthopedic issues. In 2001 OFA formed an alliance with the AKC Canine Health Foundation creating the Canine Health Information Center (CHIC). They created an organized database of dog breeds, recording minimal core health testing results as determined by the national breed clubs. Healthy dogs undergoing all recommended tests and with normal results recorded into the OFA-CHIC database would receive a unique CHIC number as a marker of participation in the program. An additional development was the merger in 2012 of all eye screening results previously recorded under the Canine Eye Research Foundation (CERF) into the combined database of the Companion Animal Eye Registry (CAER) and OFA. All canine health records are voluntarily submitted by dog owners. Eye examinations recorded in the CERF records were submitted voluntarily by the owners before being rolled into the CAER database.

The Cairn Terrier Club of America joined the OFA-CHIC program in 2011. The previous Health-Related Committee of the CTCA identified health tests to be required for a Cairn to receive a CHIC number. The four tests included a patellar examination, a cardiac examination, an eye examination, and a DNA test for Globoid Cell Leukodystrophy (GCL). Only these four tests were specified to OFA. Other testing such as bile acid screening was not required for OFA despite common use by Cairn breeders.

Since the CTCA joined the OFA-CHIC program and through the year 2022, only 43 Cairns have been issued a CHIC number for completing the required testing scheme and having normal results. The highest number of Cairns were enrolled in the first year of CTCA participation, followed by the year 2020.

While all 43 Cairns completed the required 4 tests, other health testing results were submitted to OFA-CHIC and recorded as information about these dogs. Hip screenings and pyruvate kinase deficiency (PKD) testing were the most recorded results although not needed for a CHIC number. Only 1 of 43 Cairns had serum bile acid testing recorded. Of interest is that 25 of the 43 Cairns were bitches, which might be explained that their owners wished to have them certified as healthy breeding stock by obtaining a CHIC number.

Cairn Terriers Assigned CHIC Numbers 2011-2022 (43 Total)



| Data on 43 Cairns | Tests Reported | | |
|------------------------------|----------------|--|--|
| Sex: Dog | 18 | | |
| Sex: Bitch | 25 | | |
| Eyes* | 43 | | |
| Patella* | 43 | | |
| Globoid Cell Leukodystrophy* | 43 | | |
| Cardiac* | 48 | | |
| Hips | 9 | | |
| Elbows | 9 | | |
| Degenerative Myelopathy | | | |
| Dentition | 4 | | |
| Legg-Calve-Perthes | 4 4 2 | | |
| Pyruvate Kinase Deficiency | 8 | | |
| Serum Bile Acids | 1 | | |
| Thyroid | 11 | | |

Cairn Terrier OFA-CHIC Health Data Recorded Through 2022

| Test/Disorder | Tests | Tests | Normal | Tests | Abnormal | Carrier |
|-----------------------------|----------|--------|--------|----------|----------|---------|
| | Reported | Normal | % | Abnormal | % | % |
| Eyes | 1735 | 1574 | 90.7 | 161 | 9.3 | 0 |
| Patella | 333 | 321 | 96.4 | 12 | 3.6 | 0 |
| Globoid Cell Leukodystrophy | 96 | 95 | 99 | 1 | 0 | 1 |
| Basic Cardiac | 42 | 42 | 100 | 0 | 0 | 0 |
| Congenital Cardiac | 196 | 196 | 100 | 0 | 0 | 0 |
| Advanced Cardiac | 96 | 79 | 82.3 | 13 | 13.5 | 0 |
| Hips | 190 | 175 | 92.1 | 15 | 7.9 | 0 |
| Legg-Calve-Perthes | 74 | 73 | 98.6 | 1 | 1.4 | 0 |
| Elbows | 60 | 59 | 98.3 | 0 | 0 | 0 |
| Shoulder | 1 | 1 | 100 | 0 | 0 | 0 |
| Thyroid | 61 | 59 | 96.7 | 1 | 1.6 | 0 |
| Dentition | 17 | 17 | 100 | 0 | 0 | 0 |
| Craniomandibular Osteopathy | 35 | 31 | 88.6 | 0 | 0 | 11.4 |
| Pyruvate Kinase Deficiency | 15 | 15 | 100 | 0 | 0 | 0 |
| Degenerative Myelopathy | 13 | 13 | 100 | 0 | | 0 |
| Serum Bile Acids | 6 | 6 | 100 | 0 | 0 | 0 |
| Von Willebrand's | 3 | 3 | 100 | 0 | 0 | 0 |
| Baer Hearing Test | 1 | 1 | 100 | 0 | 0 | 0 |
| Kidney | 1 | 1 | 100 | 0 | 0 | 0 |
| Macrothrombocytopenia | 1 | 1 | 100 | 0 | 0 | 0 |
| Spinocerebellar Ataxia | 1 | 1 | 100 | 0 | 0 | 0 |

Data source: OFA Website

Cairns completing CHIC requirements and issued a number are publicly listed by name on the OFA-CHIC website. While their individual test results are not given (and therefore only the required 4 tests can be presumed to be normal) it is interesting that the owners voluntarily submitted the information to OFA. A breeder-owner might not submit any results, normal or not, unless willing to pay OFA to include that result. A breeder-owner must actively desire to obtain a CHIC number on his dog or he may never participate in the program at all.

The OFA-CHIC website also contains information on all health testing submitted on Cairns through the year 2022. These data are not limited to the 43 Cairns obtaining CHIC numbers and are not identifiable. Of 1735 total eye examinations included in the CERF/CAER database, 161 or 9.3% are recorded as abnormal. A far more detailed description of eye testing results in Cairns is included in the Blue Book published by CAER and the American College of Veterinary Ophthalmologists (ACVO). This publication gives detailed breakdown of specific eye abnormalities found, as well as recommendations that Cairns with ocular melanosis (OM) or cataracts be removed from the breeding pool. While only a few OM cases are included in the Blue Book data, "significant" cataracts were reported in as many as 16.1% of Cairns examined during the years of 2018-2022. (This free publication is available for download at https://ofa.org/diseases/ *eye-disease/blue-book/.*)

Testing for craniomandibular osteopathy (CMO) shows that 11.4% of included Cairns were carriers for that genetic marker. Screening tests for GCL, PKD, degenerative myelopathy, and

*Required testing

congenital macrothrombocytopenia are now part of the commercially available DNA panels. OFA has accepted these panels as approved for the results to be used for CHIC number issuance. Submitting a dog's panel results to OFA will automatically include all information into the OFA database.

Of traditional orthopedic examinations submitted on Cairns, 175 of 190 hip results were normal (92.1%) as documented by approved radiography. Elbow results showed 59 of 60 x-rays normal (98.3%) with 1 test "equivocal" but not abnormal per se. Radiographs for Legg-Calve-Perthes were normal in 73 of 74 (98.6%) and only abnormal in 1 Cairn. Thyroid panel testing was normal in 59 of 61 results submitted (96.7%), abnormal in 1, and equivocal in 1 Cairn.

Of note is that only 6 bile acid testing results on Cairns have ever been sent into OFA despite the importance of this screening for a major health issue in Cairns. There has only been one "normal" kidney test result ever submitted to OFA.

The following chart outlines specific health testing currently required by the CTCA, as well as other medically important health conditions not included in the OFA program.

While the CTCA and its Foundation have long recommended that Cairns be routinely screened for systemic portal shunt/microvascular dysplasia, this testing was not specified when the Cairn requirements were set in 2011. Furthermore, the OFA will only accept bile acid testing performed within an accredited laboratory. Testing performed in a veterinarian's office itself is

| Health Condition | Test Required | Comments | | | | |
|---------------------------------|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Patellar Luxation* | OFA Evaluation | Physical exam by primary veterinarian or specialist. Form and fee mailed to OFA. Required that dog is over 12 months old. | | | | |
| ACVO Eye Exam* | Eye examination | Exam by board-certified ACVO Ophthalmologist. Form and fee mailed to OFA. Screens for Ocular Melanosis and more. May test at any age. No requirement for retesting of a Cairn. | | | | |
| Cardiac Evaluation® | Basic Cardiac Congenital Cardiac, or Advanced Cardiac | Basic test by primary veterinarian. Form and fee mailed to OFA. Congenital and advanced exams require echocardiogram and Veterinary Cardiologist. Required that dog is over 12 months old. | | | | |
| Globoid Cell Leukodystrophy* | DNA-based test | Must be performed by OFA-approved laboratories only. Form and fee mailed to OFA. May test at any age. | | | | |
| Serum Bile Acids# | Paired bile acid tests | Must be performed by OFA-approved laboratories only. Form and fee mailed to OFA. Screens for Systemic Portal Shunti Microvascular Dysplasia. Testing age not specified. | | | | |
| Craniomandibular Osteopathy# | DNA-based test | Must be performed by OFA-approved laboratories only. Form and fee mailed to OFA. May test at any age. | | | | |
| Pyruvate Kinase Deficiency# | DNA-based test | Must be performed by OFA-approved laboratories only. Form and fee mailed to OFA. May test at any age. | | | | |
| Hips and Elbows# | OFA Evaluation | Xray by OFA-approved clinic and read by certified radiologist. Form and fee mailed to OFA. Required that do is over 24 months old. | | | | |
| Legg-Calve-Perthes# | OFA Evaluation | Xray by OFA-approved clinic and read by certified radiologist. Form and fee mailed to OFA. Required that do is over 12 months old for LCP only. Must repeat for hips at 24 months. | | | | |
| Thyroid# | Required blood panel | Specified thyroid tests must be performed by OFA-approved laboratories only. Form and fee mailed to OFA. Required that dog is over 12 months old. | | | | |
| Kidney# | Urine Protein-Creatinine Ratio | Form may be completed by primary veterinarian. Not specified where lab testing is performed or the minimum age of the dog. Form and fee mailed in to OFA. No provision for renal ultrasound results. | | | | |

#Important medical conditions but not required for CHIC

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